

# NEWSLETTER

Week commencing 22nd June

Welcome to our Newsletter,

It's looks like summer has finally arrived with temperatures set to soar this week! Please ensure your children come to school prepared for the hot weather! There are some handy hints and tips below for coping with the heat.

We had a busy week in school last week – we enjoyed welcoming Dads and relatives as we started our Father's Day breakfasts, Year 6 returned from an excellent residential trip and Year 4 enjoyed their experience at Magna.

On Wednesday Year 3 are off to Southwell Minster and we are getting excited about our Lower School Evening of Fun on Friday!

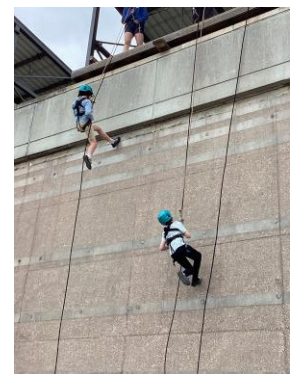
## Year 6 Residential trip to PGL



It was a pleasure to take some of our Year 6 children to residential at PGL in Dearne Valley last week. From the word go, the children demonstrated our Leas Park Values fabulously. We took part in back to back activities including kayaking, abseiling, trapeze, sensory trail, climbing and so much more. Their behaviour and attitudes were excellent and commented on by all the instructors and leaders. We were so proud of them and how they reached for the stars to make wonderful memories.



# More photos from PGL.....



## Year 4 Visit to Magna

Year 4 had a fantastic time at Magna last week! They explored the different zones of air, fire, water and earth. They played around with lots of fun activities, games and experiments linked to each element. They also took part in a workshop looking at sound – learning how sound is made, testing out how different materials conduct sound, and even making a musical instrument of their own! We were very proud of how enthusiastic, curious and respectful the children were throughout the day!



## Leas Park FC Update



Our football team has now completed all of their league fixtures, and we are eagerly awaiting the final league table to discover our overall finishing position. Since our last update, the team has played two matches, resulting in one draw and one defeat.

As always, the children represented the school brilliantly, demonstrating excellent teamwork, respect and sportsmanship throughout. We are incredibly proud of their effort, determination and positive attitude, regardless of the final outcome.

A huge thank you must also go to our parents and carers for transporting children to matches and staying to cheer the team on. Your support is greatly appreciated, and we couldn't do it without you.

# Zones of Regulation

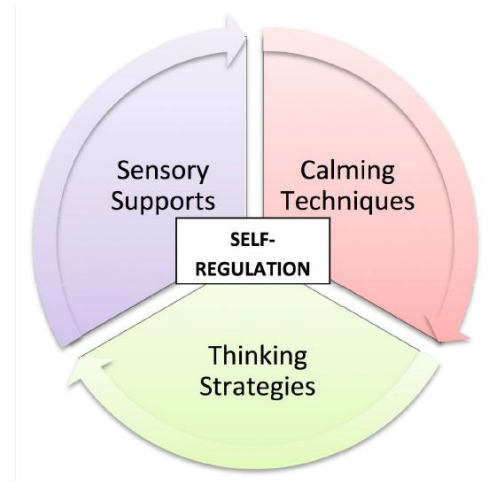
## **ZONES** of REGULATION

### Understanding Tools

As part of developing the children's understanding of *Zones Tools*, we have explored different ways to help ourselves regulate our emotions and feelings. We have discussed how different strategies can support us, including:

- sensory strategies
- thinking strategies
- calming techniques

This week, we will focus on *sensory strategies* — activities or experiences that can help children feel calmer, more organised, or more ready to learn. These can be particularly helpful when children are feeling in the Blue, Yellow, or Red Zones.



#### SENSORY STRATEGIES:

- Bear Hug
- Swing/rock
- Go for a walk
- Wall push ups
- Sucking smoothie through straw
- Chewy foods (eg. thick slice of bread)
- Blow bubbles
- Classical music
- Roll on an exercise ball
- Trampoline
- Blanket roll



THESE ARE NOT A TREAT BUT A TOOL TO HELP THE CHILDREN FEEL REGULATED.

Not every strategy works for every child, so we'd encourage children to explore what works best for them and to begin building their own "toolkit" of helpful strategies. You may find some of these ideas useful to try at home too.

## New School Year Start Date

The first day back to school for the next school year, after the summer holidays, is Wednesday 2<sup>nd</sup> September



## Arbor Notifications

To ensure you get the most out of the Arbor app please ensure that you have notifications turned 'on' in your phone settings. This will alert you when we send out a new message/information.

Also, if we have email addresses for 2 parents then both can access your child's record in Arbor and receive any communication we send out.

From September we will use Arbor for trips and payments, rather than ParentPay.

Please contact the school office should you need any assistance.

## Non-uniform day – Friday 3<sup>rd</sup> July

We will be holding a non-uniform day on Friday 3<sup>rd</sup> July. In return for your child coming to school in their own clothes, **we ask that you please donate a prize for our upcoming Summer Fayre.**

We will be holding several stalls at the Summer Fayre on Wednesday 15th July and so are asking for donations of:

- Chocolate or sweets
- Bottles of anything (pop, ketchup, bubble bath, wine etc)
- Toiletries/Bath/Body products/sets

We politely ask that you only donate new items. Thank you in advance for your support.



## Sports Day – Thursday 2<sup>nd</sup> July

This year our Sports Day is on **Thursday 2<sup>nd</sup> July.**



Our track will again be accessed via our school field, at the rear of the school. On arrival, please follow the path around the left hand side of the school and proceed diagonally across the field. Once through the wooden gate, follow the path at the back of Manor Academy and take your place at the side of the track.

**Lower School start at 9:30am.** Parents may wait in the front playground after school drop-off until the gates are re-opened for Sports Day visitors.

**Upper School will be starting at 1:30pm.** Parents may arrive from 1:10pm.



Please send your child to school wearing their PE kit, with their refillable water bottle and a sun hat. If the weather is fine, please also ensure they are wearing suncream and have some with them that they can re-apply themselves.

We wish all our pupils the best of luck and have our fingers crossed for good weather.

# Reminders, messages and additional news – please read!!

## Waterproof coats

Please ensure your child brings a warm, waterproof coat to school every day, to keep them protected from the elements during our inclement English weather! All items of clothing should be labelled.

## Late collection

If you are aware that you are going to be late to collect your child at the end of the school day, please let us know in plenty of time and **before** the end of school at 3:15pm. When calls are received close to the end of school, it can be difficult for reception staff to get to the classrooms before the children leave.

## Changing dinners

Please note that the school office will need **one weeks' notice**, if you wish to change your child from school meals to sandwiches, or vice versa. Thank you.

## Pupil Information

Please ensure school have all your current contact information and that it is up to date. If you change your name, telephone number or address, please let school know as soon as possible and ensure that we always have **at least two separate emergency contacts** for your child.

## Pupil Lateness and Absence

School starts at **8:45am**. Please ensure your child arrives on time and with all the uniform, equipment, lunch and snacks that they require for their day. If you are going to be late arriving to school, or if your child is not in full school uniform, please contact us on 01623 477629 to let us know why. If you know in advance that your child will not be in or will be late in the following day, the message system regarding pupil absence can be accessed at any time outside of office hours via our telephone number.

If your child needs to be out of school for any reason, please complete a 'Withdrawal from Learning Form' and submit to the school office, for authorisation at the discretion of the head teacher. These forms can be accessed via this link: <https://forms.office.com/e/6JJqkm1EqM> or paper copies are available from the leaflet stand in reception or in the office.

## Illness & Medications

If you do need to keep your child off school on a school day, please contact the school office on 01623 477629 **before 9:00am on the day they are due to be off**.

If you wish for your child to be given medication whilst at school, please complete and submit the form via this link: <https://forms.office.com/e/afhPeAWWgU>

**All medication needs to be handed in to school and collected by an adult.**

## Staff Car Park

Please note the staff car park is for use **by staff only**. We have very limited space and quite often staff need to leave site and return at short notice. Extra vehicles can make manoeuvring dangerous and can also mean that spaces aren't available for staff who need to be here. Thank you for your understanding.

## Nut free school

In line with NCC policy regarding nut allergies, we do not allow any type of nuts including peanuts in school - either in packed lunches or in snacks. This also includes any nut-based products including Nutella, other sandwich spreads containing nuts and any cereal bars that may contain nuts.

Thank you for your support.

## Snacks

Children are allowed to bring a healthy snack in with them to have during break time, for example fruit or vegetables. Please do not send in grab bags/multi packs of crisps, biscuits or sweets. Please ensure any food sent into school is nut free. Thank you for your co-operation.

## Jewellery

Children should not be wearing jewellery to school, with the exception of a watch (not a smartwatch) and small stud earrings, which will need to be removed or covered during PE lessons. This is due to Health and Safety and the possibility of loss or damage.

# Leas Park Awards

Reach

for the

Stars

## Attendance Award

The Attendance Award for w/c **15/06/2026** goes to Class 4C with **97.6%**

Our current Attendance Policy can be found on our school website.

The whole school attendance percentage this academic year to date is **95.6%** - the national target is **96%**

**Please help support us in raising our attendance.**

**Thank you!**

### Eco Class



Winner of the Week:

**6A**



### Golden Tickets

Class	Amount collected this week:	Running total so far this half term:
3B	2	4
3P	0	4
4C	2	2
4G	0	0
5H	1	6
5J	1	4
6A	0	0
6C	1	2
6P	2	3

Winner of the Week:

**3B, 4C & 6P**

Overall winner this half term so far:

**5H**

### Leas Park Shining Stars

Class	Name
3B	Athena S
3P	Taylor R
4C	Elias W
4G	Kristens V
5H	Jonah F
5J	Charles C
6A	Dorcas O
6C	Pippa B
6P	Ruby-Leigh H

### Zones of Regulation Champion

Class	Name
3B	Pixie G
3P	Zac G
4C	Gracie H
4G	Harley J
5H	Darcy G
5J	Joseph C
6A	Harry P
6C	Bree M
6P	Millie S

### Rapid Wristbands

Class	Name
3B	Jaxon N
	Elijah T
3P	Marley C
	Jade J
4C	Grace B
	Seth R
4G	Ellysia S
	Harrison P
5H	Charlotte D
	Charlie E
5J	Faith R
	Miley T
6A	Ivy T
	Joey W
6C	Luca R
	Jacob S
6P	Ben G
	Scarlet D



### Reading Certificates

	Class	Name	No. of reads	Award given
	3B	Dexter C	150	Platinum
	3P	Mason R	150	Platinum
	5J	Scarlett S	50	Silver
	5J	Pattie J	150	Platinum

### Pen Licences

Class	Name
5J	Charles C
5J	Riley-James B
5J	Freya H
5H	Ethan S
5H	Alfie T
5H	Bede N



### Book Vending Machine



#### Lower School Winner

Class	Name
3P	George C

#### Upper School Winner

Class	Name
5O	Cody B



Dojo		
Class	Name	Amount awarded
3B	Olivia J	100
3P	James W	100
4C	Arla D	150
4G	Maisie S	75
5H	Spencer K	100
5H	Bede N	100
5H	Lyra W	100
5H	Ethan S	100
5H	Oliver M	100
5H	Pyton F	100
5H	Jonah F	100
5H	Nathan D	100
5H	Mia B	150
6C	Daisy M	75
6C	Freya B	75
6C	Samuel P	75
6C	Aiden G	100
6C	Freddy M	100



Dinner Winners		
Class	Name	
3B	Charlie F	
3P	Beau G	
4C	Isabella O	
4G	Heath R	
5H	Chloe W	
5J	Riley-James B	
6A	Frankie G	
6C	Tyker M	
6P	Penny P	



Shout Outs		
Class	Name	Reason & From
Y6	Y6 residential children	What an amazing few days we have had this week! You have shown our Leas Park values so much this week and have represented your school brilliantly. ALL the PGL Leaders and instructors commented on what an excellent group you were. We are really proud of you. Mrs Pursey, Miss Cope and Mrs Ainley
	Football Team	For the commitment and determination you have all demonstrated throughout out football season - all games have now been played, a big well done to you all. Watch this space for the league table.
3B	Connor, Evie, Charlie F, Victoria, Rory, Sylvester, Rio, Emily	A shout out from your swimming teacher for the amazing swimming lesson you had o Tuesday.
	Ben Stevenson	Wishing him luck on his BMX race on Sunday, representing his club in the Midlands region.
Y4	All of year 4	For representing Leas Park so well on our trip to Magna - even when other schools weren't making the right choice, Leas Park stayed sensible and respectful - well done!

Shout out!



# Dates for your Diary

Please see below our main 'diary dates' so far for the academic year. We hope this will help with your diary planning.

**\*\*Please note these dates are subject to change and if this should be the case we will give as much notice as possible\*\***

## **Inset Days (school closed to children):**

Monday 27<sup>th</sup> July 2026

**Tuesday 23<sup>rd</sup> June** – Year 3 Father's Day Breakfast

**Wednesday 24<sup>th</sup> June** – Year 3 visit to Southwell Minster

**Friday 26<sup>th</sup> June** – Lower School Evening of Fun

**Thursday 2<sup>nd</sup> July** – Sports Day – Year 3 & 4 - 9.30am – 11.00am

**Thursday 2<sup>nd</sup> July** – Sports Day – Year 5 & 6 - 1.30pm – 3.00pm

**Wednesday 8<sup>th</sup> July – Friday 10<sup>th</sup> July** – Year 6 transition dates to Manor

**Thursday 9<sup>th</sup> July** – Year 2 Meet the Teacher

**Friday 10<sup>th</sup> July** – Year 2 Meet the Teacher

**Wednesday 15<sup>th</sup> July** – Summer Fayre **\*Changed from 8<sup>th</sup> July\***

**Friday 17<sup>th</sup> July** – Reports home

**Tuesday 21<sup>st</sup> July** – Year 6 Presentation Evening

**Wednesday 22<sup>nd</sup> July** – Picnic Day

**Thursday 23<sup>rd</sup> July** – Talent Show

**Friday 24<sup>th</sup> July** – Toy Day

**Monday 27<sup>th</sup> July** – INSET day – school closed to children

**Wednesday 2<sup>nd</sup> September** – School re-opens to children



UK Health  
Security  
Agency

## Beat the heat

### Plan ahead



Check the weather forecast and the news



Plan ahead to avoid the heat



Schedule activities to cooler times of the day

### Keep yourself cool



Drink plenty of fluids and avoid excess alcohol



Wear sunscreen, a hat, and sunglasses



Cool your skin with water and slow down

### Find somewhere cool



Close blinds and curtains during the day



Go indoors or outdoors, whichever feels cooler



Avoid closed spaces like stationary cars

### Be safe



Be on the lookout for signs of heat related illness



Look after yourself and check in with others



Stay safe when swimming



Get help. Call NHS 111 or in an emergency 999

For more information go to: [gov.uk/ukhsa/beat-the-heat](https://gov.uk/ukhsa/beat-the-heat)

# HEAT-RELATED ILLNESSES



## Heat Exhaustion

Heat exhaustion occurs when the body overheats, but it can cool itself down. It does not usually need emergency medical attention if it cools down within 30 minutes.

### Look for

-  tiredness, dizziness and/or weakness
-  headache
-  muscle cramps
-  feeling/being sick
-  heavy sweating
-  intense thirst
-  fast breathing
-  high temperature

### Action

- move to a cooler place in the shade
- remove all unnecessary clothing
- drink a cool drink (not alcohol)
- cool skin – spray or sponge with cool water
- stay with them

Anyone affected should start to cool down and feel better within **30 minutes**.

**If you are concerned about symptoms, or they are worsening, contact NHS 111.**



FIND COOL PLACE    DRINK WATER    COOL SKIN    DIAL 111

## Heatstroke

Heatstroke occurs when the body is no longer able to cool itself down and its temperature becomes dangerously high.



### Look for

-  still unwell after 30 minutes of resting
-  loss of consciousness
-  very high temperature
-  confusion
-  lack of co-ordination
-  fast heartbeat
-  fast breathing or shortness of breath
-  hot skin that is not sweating
-  seizures

### Action

**Heatstroke is a medical emergency.**

- dial 999 and then try to cool them down
- move to a cool place
- remove all unnecessary clothing
- cool skin – spray or sponge with cool water
- put them in the recovery position if they lose consciousness while waiting for help
- stay with them



DIAL 999    FIND COOL PLACE    COOL SKIN    RECOVERY POSITION



**In an emergency, or if you think someone has heatstroke, dial 999.**



Saturday 4th July

Debdale Sports Park, Mansfield (NG19 7NS)

# MANSFIELD FOOTBALL EXPERIENCE

10:00am - 11:25am - FREE EVENT

11:30am - 1:00pm - FREE EVENT

Whether you're looking to sharpen your skills or try something new, our 90 minute football workshops offer a fun and competitive environment for players of all abilities.

**PLUS it's FREE!**

Scan QR to book or for more info



Book online at [www.OTBCoaching.co.uk](http://www.OTBCoaching.co.uk) or WhatsApp 07803 1234 11



# SUMMER School



Open to ages 8-16



W/C 10 August 10am - 3pm, Monday- Friday



£75 early bird offer, £100 after 5th July 2026.

To book your place, please contact [learning@mansfield.gov.uk](mailto:learning@mansfield.gov.uk) requesting a sign up form.



Looking for something fun, creative, and confidence-building this summer?



Our Summer School is back at the Palace Theatre!

Inspired by the magic of musicals, this week is perfect for children who love to sing, dance, act, or simply would like to try something new.

Throughout the week, young performers will explore the world of a true triple threat. Led by friendly industry professionals, sessions include West End inspired choreography, vocal training and acting sessions with a qualified LAMDA drama teacher. The week will be filled with engaging activities designed to build skills and confidence.

No experience is needed, just enthusiasm and a willingness to get involved. Whether your child already loves musicals or is discovering them for the first time, they'll be supported every step of the way while making new friends and learning new skills.

By the end of the week, they'll have grown in confidence, creativity, and self-expression. All while enjoying the excitement and storytelling of musical theatre.

Spaces are limited, so secure your child's place today and give them a summer filled with music, movement, and fun!



MADE BY PARENTS FOR PARENTS

# UNIFORM DIRECT

**BUY NOW!**



Ordering for September? Allow plenty of time **Buy Now!**

[www.uniform-direct.com](http://www.uniform-direct.com)

**Order Online 24/7**



MADE BY PARENTS FOR PARENTS

Official School Uniform for  
**Leas Park Junior School**



## DAY WEAR

Sweatshirt from **£8**

Cardigan from **£9**

Polo Shirt from **£5**

School Trousers from **£6**

School Skirt from **£7**

## PE WEAR

PE T-Shirt from **£4.50**

PE Shorts from **£4**

## ESSENTIAL ITEMS

Printed Name Tapes **£3.50**



Ordering for September? **BUY NOW!**



April - June

Best time to order



July

Expect delays



August - September

Not guaranteed for back to school!



Free Delivery Over £29

[www.uniform-direct.com](http://www.uniform-direct.com)